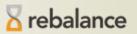


# The 5 Biggest Issues of Dental 401(k) Plans

February 22, 2023

### Today's Agenda

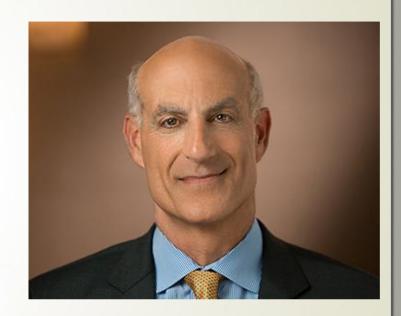


- The Modern 401(k) for Dentists
- How to save more \$ and pay less in taxes
- Reducing fees and legal exposure
- Recruiting and retaining the best staff
- Q & A

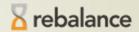
#### **Scott Puritz**

rebalance

- Managing Director of Rebalance LLC
- Tufts, A'78
- MBA from Harvard Business School
- Registered Investment Advisor with 20+ years finance experience
- Chairman- NC Outward Bound Investment Committee with \$20+ million endowment
- Industry leader featured in New York Times, Wall Street Journal, PBS, NPR, and CBS
- U.S. Senate testimony



### **David Ranney**

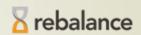


- Vice President of Sales at Rebalance
- 25 years in 401K Industry Fidelity
- MBA from Boston College, BA in Economics from Holy Cross
- Married 29 years, with three children

Dedicated to helping small businesses realize their 401(k) plan potential

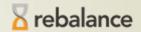


### Rebalance: A Record of Results



- Firm manages over \$1.2 Billion of client investments
- Helping to lead pro-consumer industry movement
- Investment Committee with best and brightest in finance





### Rebalance Investment Committee

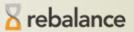








### Center for Retirement Investing Dental Advisory Board





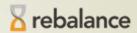
#### Dr. Tim Tremont, DMD

Dr. Timothy Tremont, Doctor of Medicine in Dentistry (DMD) is the Department Chair of Orthodontics at the James B. Edwards College of Dental Medicine at the Medical University of South Carolina. He also was a Clinical Associate Professor in the Department of Orthodontics at West Virginia University. Dr. Tremont received his dental degree from the University of Pittsburgh School of Dental Medicine and Certificate in Orthodontics and Master of Science from the University at Buffalo. Dr. Tremont is a Diplomate of the American Board of Orthodontics and he lectures internationally on orthodontics and orthognathic surgery.

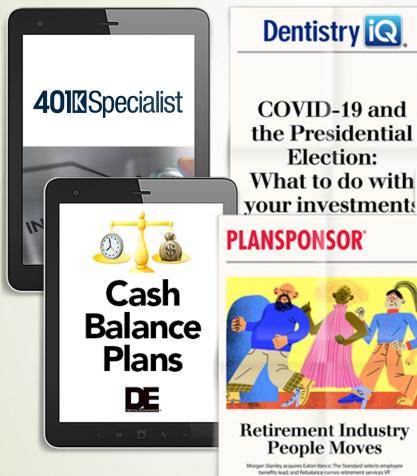


#### Dr. Joseph Marvizi, DDS

Dr. Joseph Marvizi has been in the dental private practice sector for close to 30 years. Dr. Marvizi received his BA from UC Berkeley in Physiology/Anatomy. He went on to the University of the Pacific to receive his DDS, and graduated from the Misch Implant Institute. He has been awarded the advanced status of Board Certified Diplomate by the International Congress of Oral Implantologists (ICOI) for his outstanding work and expertise in the field of dental implant surgery and restoration. Dr. Marvizi provides the Rebalance Dental Advisory Board with relevant in-the-field experience so that we can better serve the DDS community.



### Rebalance in the 401(k) News



Dentistry iQ

COVID-19 and the Presidential **Election:** What to do with

PLANSPONSOR<sup>®</sup>



Retirement Industry People Moves

Morgan Stanley acquires Eaton Vance: The Standard selects employee

**PLANSPONSOR** 

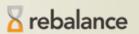
Rebalance **Builds 401(k) Product Aimed** at Small

dentaltown

The Dental 401(k) Plan

Keep your best people while lowering costs and risks.

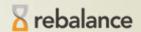




- Rebalance is an ADA-credentialed Continuing Education provider
- All of today's attendees will receive 1 CE credit



### What is the Annual 415 Cap in 2023 for Defined Contribution aka 401(k) plans?



Retirement Plans	2023 Cap
401(k)/403(b)/457(b) Elective Deferrals	<mark>\$22,500</mark>
Catch-Up Contribution (plus other than SIMPLE plans)	<mark>\$7,500</mark>
SIMPLE Plan Employee Deferrals	<mark>\$15,500</mark>
SIMPLE Plan Catch-Up Contributions	<mark>\$3,500</mark>
Plan Maximum Annual Contribution – Defined Contribution Plans (Section 415(c) )	<mark>\$66,000</mark>
Maximum Annual Benefit – Defined Benefit Plans (Section 415(b) )	<mark>\$265,000</mark>
Compensation Limit under Section 401(a)(17)	\$330,00 <mark>0</mark>
Highly Compensated Employee Definition under Section 414(q)	<mark>\$150,00</mark>
Key Employees Officer Compensation for Top-Heavy Plans	<mark>\$215,000</mark>



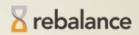
The 5 Biggest Issues of Dental 401(k) Plans

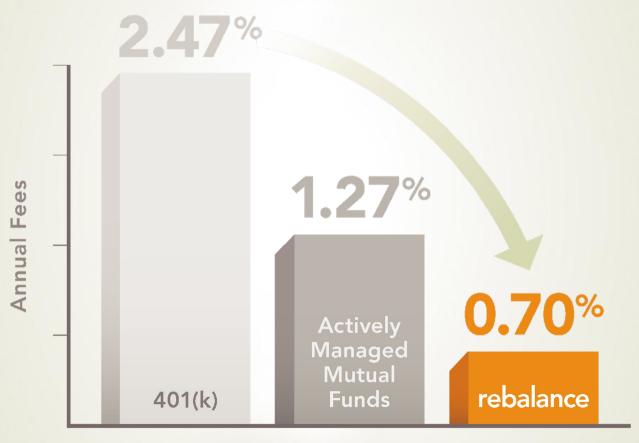


### Dental 401(k) 5 Areas to Improve

- 1. Lower investing costs
- 2. Bridge the "investment returns gap"
- 3. Lower legal risk
- 4. Make the 401(k) plan come alive
- 5. Cash Balance Plans: Save more, Pay less in taxes

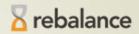
### 1. Lower Costs: High 401(k) Fees





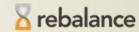
Source: New York Times

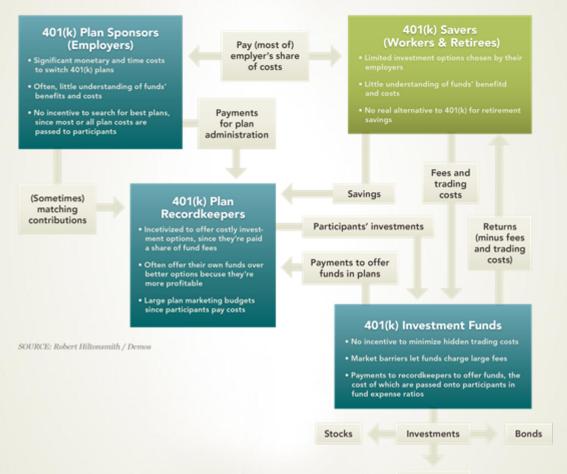
### 1. Lower Costs: High 401(k) Fees



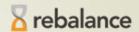


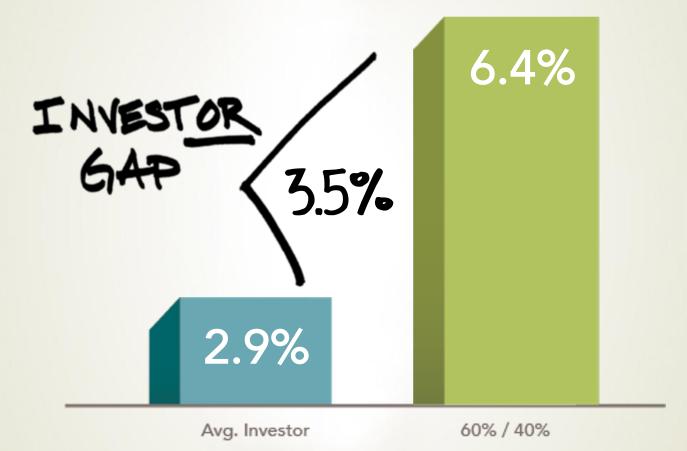
#### 1. Lower Costs: Eliminate Conflicts of Interest





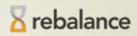
### 2. Bridge the Investment Returns Gap



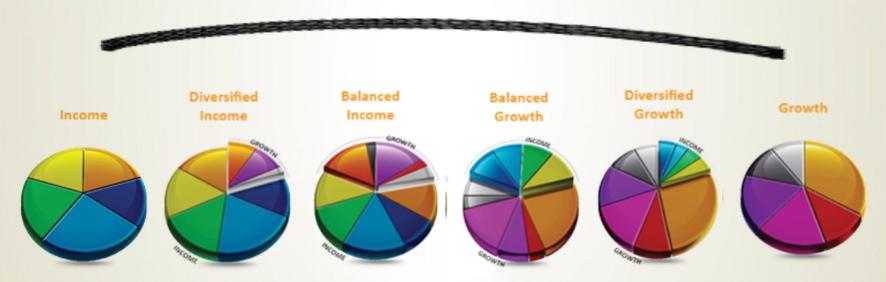


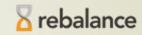
20-year annualized return, as of Dec. 31, 2021 Source: S&P 500 Index, Bloomberg U.S. Aggregate Index, Dalbar Inc.

### 2. Bridge the Investment Returns Gap

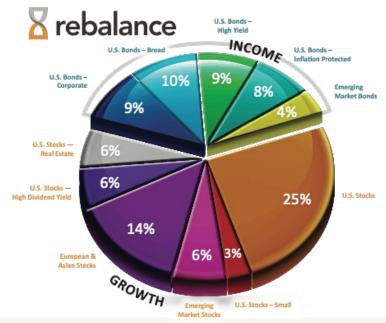


### **X** rebalance





### 2. Bridge the Investment Returns Gap



#### Balanced Growth Portfolio

The Rebalance Balanced Growth Portfolio is invested 60% in stocks and 40% in bonds and is constructed for an investor who may be newly retired or in their late career years, is tolerant of stock market ups and downs, may be withdrawing funds over next 20 years, and wants a balanced blend of growth and income-oriented investments.

This portfolio consists of 11 exchange-traded funds (ETFs) that hold approximately 4,000 stocks of large, mid-sized and small U.S. public companies, over 9,000 stocks of large, mid-sized and small public companies in nearly 45 foreign countries, and approximately 12,500 bonds issued by governments and corporations worldwide. The portfolio is constructed to capture the long-term returns of the global economy in its globally diversified growth investments, combine higher quality fixed income with some credit risk-oriented securities in its income investments and provide a balance in sources of potential return with a tilt towards growth.

The ETFs were carefully selected as discrete building blocks to accomplish a highly sophisticated asset allocation strategy. Superior low-cost funds from the largest most experienced index providers (such as Vanguard, Schwab and BlackRock) have been carefully vetted by the Rebalance investment Committee. ETF fund fees for this portfolio equal a weighted average of 0.09%, often as much as 80% cheaper than the cost of an actively managed mutual fund portfolio.

The Balanced Growth Portfolio is periodically rebalanced based upon a sophisticated algorithm that considers individual ETFs, asset classes, and fixed-income-to-equity targets.

Income Funds	# Securities	The Fund Contains:
Emerging Market Bonds	580	Bonds issued in U.S. dollars by governments such as Mexico Indonesia, Brazil, Saudi Arabia, Turkey and Peru.
U.S. Bonds — Broad	10,400	U.S. Bonds including Treasuries, corporates and mort- gage-backed bonds guaranteed by the U.S. government.
U.S. Bonds — Corporate	2,151	Bonds backed by the largest, most stable U.S. corporations including Bank of America, Verizon, Amazon, Visa, ATT, and Boeing.
U.S. Bonds — Inflation Protected	52	A special type of U.S. government bond designed to protect investors from rising inflation.
U.S. Bonds — High Yield	2,080	Bonds of U.S. corporations paying greater interest to borrow. Issuers include Occidental Petroleum, Tenet Healthcare and Ford Motor Credit.

Growth Funds	# Securities	The Fund Contains:
U.S. Stocks	4,076	Nearly all publicly traded U.S. companies, weighted towards the largest, such as Microsoft, Apple, Amazon, Tesla and Alphabet (Google).
U.S. Stocks — High Dividend Yield	443	Common stocks of U.S. companies with dividend yields that are generally above-average such as Exxon, JPMorgan Chase and Johnson & Johnson.
U.S. Stocks — Small	679	Small U.S. companies like Agree Realty, SM Holdings and Rogers Corp
European & Asian Stocks	4,045	All major public companies in Europe and Asia including Japan, UK, Europe, South Korea and Canada.
Emerging Market Stocks	5,412	All major public companies in China, Taiwan, Hong Kong, India and Brazil such as Tencent, Alibaba and Taiwan Semiconductor.
U.S. Stocks — Real Estate	168	Real estate investment trusts (REITs) that purchase retail malls, apartments, offices, hotels and warehouse. Portfolio REITs include American Tower, Public Storage, Prologis Inc. and Crown Castle International.



### Stocks vs. Bonds\*

	Best 1-Year Return	Worst 1-Year Return	Annualized Return	Investment Experience <sup>1</sup>			
Stocks S&P 500 Index	28.36%	-36.55%	9.87%	14 My			
Bonds Three-month Treasury Bills	4.73%	0.03%	1.26%				

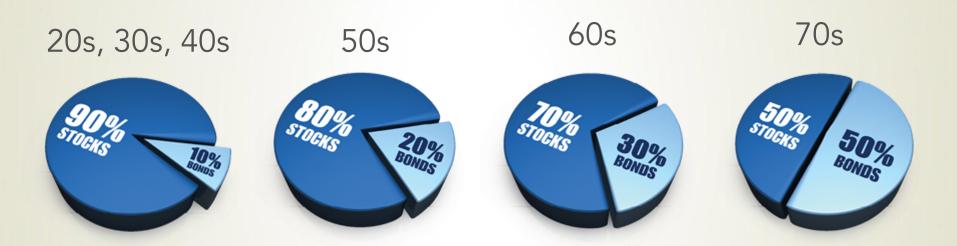
\*Source: Stern School of Business, New York University, January 2022.

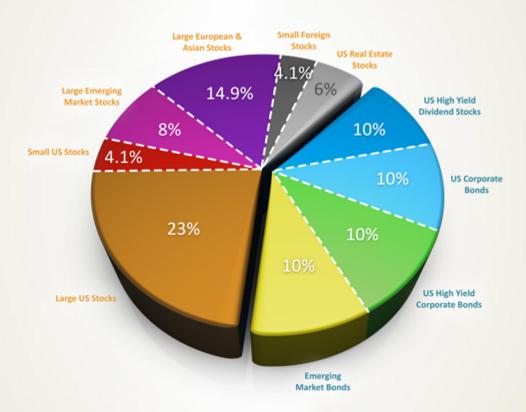
### Stocks & Bonds: A Winning Combination

	Best 1-Year Return	Worst 1-Year Return	Annualized Return	Investment Experience <sup>1</sup>
Stocks/Bonds	36.7%	-26.6%	9.1%	

\* Source: Vanguard, 1926-2020

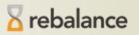








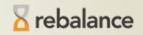
### 3. Lower Legal Risk



### How to offer a 401(k) plan without taking on outsized contingent liability legal risk?

- Most dental practices have more legal risk than realized
- Employers (plan sponsors) typically have fiduciary responsibilities
- Employers (plan sponsors) can offload most contingent liability legal risk by hiring an investment manager that assumes fiduciary responsibilities

### 3. Lower Legal Risk: Avoiding High 401(k) Costs Can Protect You Too







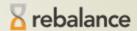




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## 3. Lower Legal Risk: 401k Investment Menus Are Confusing



				vern #					Expens	e Ratio	Morning	star				
Compare	Name	Asset Class	Morningstar Category	YTD * (Daily)	1 Yr	3 Yr ▼	5 Yr	10 Yr	Net <sup>†</sup>	Gross <sup>‡</sup>	Overall	-				
	T. Rowe Price Institutional Large	Stock	Large Growth	7.23%	44.21%	20.01%	20.84%	13.74%	0.56%	0.56%	* * * * 1,215 Rat	*				
	Fidelity® Contrafund®	Stock	Large Growth	6.64%	39.23%	17.40%		-		0.43%	-	Fun	d	Name		Expense Ratio
	Managed	Ctests	Laura Diagram	2.41%	26.36%	14.63%	45 000	9.78%	0.035%	0.035%	***	VSCPX		Vanguard Small-Cap Index Fund Institu	itional Plus Shares	0.03%
	Vanguard Institutional Index	Stock	Large Blend	2.41%	20.30%	14.63%	15.88%	9.78%	0.035%	0.035%	1,211 Rat	VMCPX		Vanguard Mid-Cap Index Fund Instituti	onal Plus Shares	0.03%
_	American Funds	Stock	World Large	4.77%	32.67%	14.48%	13.47%	8.55%	0.45%	0.45%	***	RERGX		American Funds EuroPacific Growth F	und® Class R-6	0.49%
	New Perspective		Stock								709 Rated	PAAIX		PIMCO All Asset Fund Institutional Cla	SS	1.01%
	T. Rowe Price Equity	Stock	Large Value	1.32%	21.59%	12.18%	12.44%	7.87%	0.66%	0.66%	***	VIIIX		Vanguard Institutional Index Fund Insti	utional Plus Shares	0.02%
	Name/Incepti	on Date			Class		Gross Exp	ense Ratio*	•		1,077 Rat	VWELX		Vanguard Wellington™ Fund Investor	Shares	0.25%
	AFUND (FCNTX)05/17/1967	207 dominated an		Stock Inves		Large Cap	0.64%		0.07%	0.07%	****	SSGLX		State Street Global Equity ex-U.S. Index Fund Class K		0.15%
	INCOME R4 (PEIPX)05/31/19: IDEX ADV (FUSVX)02/17/1988		0.007/31/2012 0.00%	Stock Invest		Large Cap	0.07%				355 Rates	NOSIX		Northern Stock Index Fund		0.10%
	AL MDCP I (JVMIX)06/02/1997			Stock Inves		Mid-Cap	0.87%		0.84%	0.84%	★★★★ 345 Rates	WFQZX		Wells Fargo Target 2055 Fund - Class	Δ	0.65%
WFA DISCO	VERY ADM (WFDDX)12/31/19	87		Stock Invest	tments	Mid-Cap	1.12%				340 No/8	TTT GEX		Trend Fargo Target 2000 Faria Class	_	
ABF SM CA	VAL INV (AVPAX)12/31/1998			Stock Inves	tments	Small Cap	1.17%		Name/Inception Da	te	Asset Class	Category	Gross Ex	pense Ratio** Shareholder Fees		1.40%
JANUS TRIT	ON T (JATTX)02/25/2005			Stock Inves	tments	Small Cap	0.93%		BTC LIFEPATH 202	0 L	Blended Fund	N/A	0.10%	No additional fees apply.		0.90%
SPTN SM C	AP IDX ADV (FSSVX)09/08/20	11		Stock Inves	tments	Small Cap	0.23%		BTC LIFEPATH 203	0 L	Blended Fund	N/A	0.10%	No additional fees apply.		1.40%
AF EUROPA	C GRTH R4 (REREX)04/16/19	984		Stock Inves	tments	International	0.84%		BTC LIFEPATH 204	O L	Blended Fund	N/A	0.10%	No additional fees apply.		0.90%
	NDEX ADV (FSIVX)11/05/1997	7		Stock Inves		International		_	BTC LIFEPATH 205	0 L	Blended Fund Investments*	N/A	0.10%	No additional fees apply.		
	OM 2005 (FFFVX)11/06/2003			Blended Inv		N/A	0.56%		BTC UFEPATH RET	r.	Blended Fund Investments*	N/A	0.10%	No additional fees apply.	6	0.19%
	OM 2010 (FFFCX)10/17/1996			Blended Inv		N/A	0.60%		☐ TIER 2							0.90%
	OM 2015 (FFVFX)11/06/2003 OM 2020 (FFFDX)10/17/1996			Blended Inv		N/A N/A	0.63%		FID CONTRAFUND 01/17/2014		Stock Investmen	nts Large Cap	0.43%	No additional fees apply.		0.65%
	OM 2020 (FFFDX)10/17/1996 OM 2025 (FFTWX)11/06/2003			Blended Inv		N/A	0.70%		FID GROWTH CO P 12/13/2013	OOL	Stock Investmen	nts Large Cap	0.43%	No additional fees apply.	6	0.19%
	OM 2030 (FFFEX)10/17/1996			Blended Inv		N/A	0.74%		VANG GRTH INI 11/02/1992	DEX INST (VIGIX)	Stock Investmen	nts Large Cap	0.08%	No additional fees apply.	0	
	OM 2035 (FFTHX)11/06/2003			Blended Inv		N/A	0.75%	-	VANG INST INDEX 07/31/1990	PLUS (VIIIX)	Stock Investmen	nts Large Cap	0.02%	No additional fees apply.		1.40%
	OM 2040 (FFFFX)09/06/2000			Blended Inv		N/A	0.75%	_	VANG VAL INDE	X INST (VIVIX)	Stock Investmen	nts Large Cap	0.08%	No additional fees apply.	>	1.40%
	OM 2045 (FFFGX)06/01/2006			Blended Inv		N/A	0.75%	- 1	ARTISAN MID CAP 01/16/2008		Stock Investmen	nts Mid-Cap	0.50%	No additional fees apply.		0.43%
	OM 2050 (FFFHX)06/01/2006			Blended Inv		N/A	0.75%	_	DFA SMMD CAP VI 10/09/2013	AL	Stock Investmen	nts Small Cap	0.26%	No additional fees apply.		
Investments	you currently own FID FREEDO	OM 2055 (FDEE	EX)06/01/2011	Blended Inv	estment*	N/A	0.75%	- 1	VANG SM GR ID	X INST (VSGIX)	Stock Investmen	nts Small Cap	0.08%	No additional fees apply.		
FID FREED	OM 2060 (FDK\/X)08/05/2014			Blended Inv	estment*	N/A	0.76%		O RUSSELL INTL	3ROWTH	Stock Investmen	nts International	0.58%	No additional fees apply.		
FID FREED	OM INCOME (FFFAX)10/17/19	96		Blended Inv	estment*	N/A	0.49%		10/31/2007 RUSSELL INTL	VALUE	Stock Investmen	ets leternational	0.59%	No additional fees apply.		
PIMCO ALL	ASSET ADM (PAALX)07/31/20	02		Blended Inv	estment*	N/A	1.28%		10/10/2008 PIM ALL A ALL AUT	HT (PAUIX)	Blended Fund	N/A		No additional fees apply.		
FID TOTAL	BOND (FTBFX)10/15/2002			Bond Invest	ments	Income	0.45%		10/31/2003 PIM INFL RESP MA		Investments*	N/A N/A	1.89%			
SPTN US BO	ND IDX ADV (FSITX)03/08/19	990		Bond Invest	ments	Income	0.17%		08/31/2011 PIMCO TOTAL RET		Investments*	1811	1.13%	No additional fees apply.		
FID RETIRE	MMKT (FRTXX)12/02/19887	day yield as of09	9/30/2015 0.01%	Short-Term	Investments	N/A	0.42%		01/16/2008 VANG ST BD IDX IS		Bond Investmen		0.27%	No additional fees apply.		
_								_	03/01/1994 FIMM MONEY MKT		Bond Investmen	its Income	0.05%	No additional fees apply.		
									07/05/1985 7 day yield as of 06/30/2014 0.09%		Short Term Investments	N/A	0.18%	No additional fees apply.		

### rebalance

# 3. Lower Legal Risk: Flight Risk and Fiduciary Risk



#### Maintenance Crew

3(16) Plan Administrator

The maintenance crew takes care of the plane and making sure everything runs smoothly.

The 3(16) fiduciary is responsible for the day-to-day administration:

- Filing form 5550
- Monitoring plan operations
- Distributing annual notices
- Approving distributions and loan requests



The Co-Pilot 3(21) Investment

**Advisor Fiduciary** 

The co-pilot helps operate the plane and steps in to assist the pilot as needed.

The 3(21) Fiduciary will provide a list of investments appropriate for use in retirement plans which you (and your advisor) can choose.



The Captain

3(38) Investment Manager Fiduciary

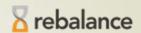
The captain operates the plane and ensures the safety of everyone aboard.

The 3(38) fiduciary assumes responsibility for all investment activities. This fiduciary has full direction to choose, manage, or remove investments within the employee benefit plan.

### 3. Lower Legal Risk for Employer: Don't Be "Captain" of your Company's Retirement Program



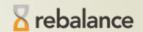




### 5. Make The 401(k) Plan Come Alive





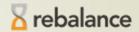


### 4. Increase Employee Satisfaction & Retention

2021 Charles Schwab Participant Survey



### 4. Increase Employee Satisfaction & Retention: Retirement Planning Tools

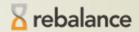


#### Studies show that:

- Employees with access to educational materials choose higher deferral (savings) rates
- Current employees
   increase contributions after
   completing the profile and
   educational content



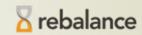
### 4. Increase Employee Satisfaction & Retention: Retirement Planning Tools



### Employees appreciate helpful, pragmatic content:

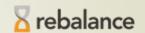
- How retirement plans work
- Why saving for retirement is important
- How much to save in order to retire securely
- Risk profile and how it impacts results





### 6. Who Wants to Pay Less in Taxes?

Retirement Plans	2023 Cap
401(k)/403(b)/457(b) Elective Deferrals	<mark>\$22,500</mark>
Catch-Up Contribution (plus other than SIMPLE plans)	<mark>\$7,500</mark>
SIMPLE Plan Employee Deferrals	<mark>\$15,500</mark>
SIMPLE Plan Catch-Up Contributions	<mark>\$3,500</mark>
Plan Maximum Annual Contribution – Defined Contribution Plans (Section 415(c) )	<mark>\$66,000</mark>
Maximum Annual Benefit – Defined Benefit Plans (Section 415(b) )	<mark>\$265,000</mark>
Compensation Limit under Section 401(a)(17)	\$330,00 <mark>0</mark>
Highly Compensated Employee Definition under Section 414(q)	<mark>\$150,00</mark>
Key Employees Officer Compensation for Top-Heavy Plans	\$215,00 <mark>0</mark>

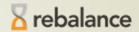


### 6. Cash Balance Plans: Pay Less in Taxes

### Who Benefits from Cash Balance Plans?

- 1. Business owners or employees who want to defer more than \$73,500 in annual income
- 2. Do you have a family member working in your practice?
- 3. How much of your staff is over the age of 35?
- 4. Individuals with solo 401(k) who earn over \$150,000 annually?

### 6. Cash Balance Plans: Pay Less in Taxes





\$3.4 Million
Lifetime Limits



**Profit Sharing** 

\$66,000-73,500

Annual limit, including 401(k)

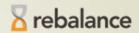
401(k)

\$22,500 or 30,000

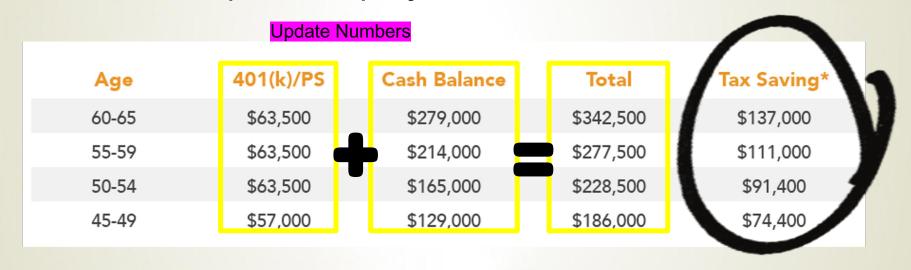
Annual limit, depending on age



### 6. Cash Balance Plans: Pay Less in Taxes



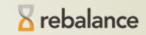
Sophisticated plan design allows owners to save/defer amounts of around \$250,000 per owner/per year!



<sup>\*</sup>Assuming 40% tax bracket, taxes are deferred



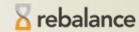
# TAKING ACTION TO IMPROVE YOUR 401(k) PLAN



### Dental 401(k) -> 5 Areas to Improve

- 1. Lower investing costs
- 2. Bridge the "investment returns gap"
- 3. Lower legal risk
- 4. Make the 401(k) plan come alive
- 5. Cash Balance Plans: Save more, Pay less in taxes

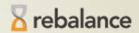
### Rebalance's Better K for Dental Professionals





- Sophisticated plan design has potential to help owners dramatically reduce taxes
- Save/defer amounts of approx.
   \$200,000+ per owner/per year
- Ivy League investing experts
- Up to 50% (or more) reduction in investment fees
- Potential to improve investment returns while reducing risk

### Rebalance's Better K for Dental Professionals

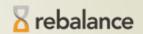




- All administrative complexities managed by Rebalance's team
- 24/7 access to retirement accounts via user-friendly and curated platform
- Less time worrying about retirement more time to focus on building your practice



# Questions?



### How to Keep Learning:

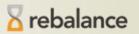


### Next Steps:

Consider a conversation with an investment expert



### How to Keep Learning:





For further questions reach out to:

Email: Lsimpson@Rebalance360.com

Phone: (202) 963-5420

Lauren Simpson
Director of Growth Analytics

### **Disclosures**



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